



BARIATRIC PAL

Join the World's Largest Online Weight Loss Surgery Community!



Congratulations on your decision to have weight loss surgery and commit to weight loss and a healthier lifestyle!

Your successful weight loss will largely depend on your pre-surgery preparation and your postoperative care and support. You're strongly encouraged to join a local support group endorsed by your healthcare provider.

BariatricPal.com is such a unique experience largely because of its weight loss surgery community. In our discussion forums, you can discuss weight loss surgery and the entire journey with hundreds of thousands of other bariatric surgery patients. Members provide peer-to-peer support for the entire weight loss journey. This exchange of experiences and encouragement promote accountability and confidence. That adds up to a better transition to your new lifestyle and more weight loss!

Special forums dedicated to:

- » Adjustable Gastric Band (Lap-Band)
- » Roux-en-Y Gastric Bypass
- » Vertical Sleeve Gastrectomy (Gastric Sleeve)
- » Sleeve Plication (Greater Curvature Plication)

BariatricPal.com provides additional resources for your weight loss journey. Patients can find answers to their pre-surgery and post-surgery questions in the comprehensive weight loss surgery library. You can read about the different types of weight loss surgery, eligibility for surgery, the pre- and post-surgery diets and life after weight loss surgery.

BariatricPal.com is free and easy to use. It's accessible anywhere with apps available for Android and Apple iPhone, iPad and iPod Touch.

Free Membership Benefits

- » Connect with hundreds of thousands of members
- » Comprehensive information library
- » Start your own blog
- » Post your Before and After photos
- » Track and share your progress
- » Live chat
- » Online support groups
- » Supportive community with like-minded patients



Visit: www.bariatricpal.com