

Fold Here -->

SAFE/UNSAFE MEDICATIONS FOR LAP-BAND PATIENT:

Generic Name First and Brand Names in Parentheses. Any drug containing aspirin or any NSAID is not safe.

SAFE MEDICATIONS

- Tylenol in any form: Extra Strength, Anacin-3, Panadol, etc.
- Tylenol w/Codeine by Rx (#1,2,3,4)
- Vicodin by Rx: Vicodin, Extra Strength, Loratab, Lorcet, etc.
- Percocet, Darvocet, Fioricet, Oxycontin; all by Rx.
- Arthrotec by Rx
- Celebrex (celecoxib) or Vioxx (rofecoxib) by Rx
- Ultram (Tramadol) by Rx
- Soma, Flexeril, Robaxin, Zanaflex and any other Rx muscle relaxants

- For migraines by Rx: Imitrex, Ergotamine, Deseril
- Glucosamine 1500mg and/or Chondroitin 1200mg (OTC)
- *For Headache, discomfort or fever:* Tylenol caplets, regular or extra strength
- *For Constipation:* Milk of Magnesia, mineral oil, Peri-Colace stool softener, Dulcolax or glycerin suppositories, Fleets enema. *No non-digestable fiber products.*
- *For Diarrhea:* Immodium AD, Lomotil
- *For Excess Gas:* Gas-X or Phazyme
- *For Severe Acid Indigestion:* Zantac, Maalox, or Mylanta

NOTE: For colds, flu or allergies, you can use anything that doesn't contain aspirin or the anti-inflammatories listed above.

SAFE/UNSAFE MEDICATIONS FOR LAP-BAND PATIENT:

Generic Name First and Brand Names in Parentheses. Any drug containing aspirin or any NSAID is not safe.

UNSAFE MEDICATIONS

- **Aspirin:** Acetylsalicylic acid (Artria, ASA, Enseals, Aspergum, Aspro, Astrin, Bayer Aspirin, Bex, Coryphen, Easprin, Ecotrin, Empirin, Entrophen, Halfprin, Novasen, Sal-Adult, Solprin, Supasa, Vincent's Powders, Winsprin Capsuls, Zorprin)
- Bromfenac (Duract)
- Etodolac (Ultradol, Lodine)
- Fenoprofen (Nalfon)
- Flurbiprofen (Ansaid, Forben, Apo-Flurbiprofen)
- **Ibuprofen**

- Indomethacin (Apo-Indomethacin, Arthrexin, Indochron, Indocid, Indocin, Novo-Methacin)
- Ketoprofen (Actron, Apo-Keto, Novo-Keto, Orudis, Oruvail, Rhodis)
- Nabumetone (Relafen)
- Naproxen (Apo-Naproxen, Naprosyn, Naxen, Novo-Naprox, Nu-Naprox, Aleve, Anaprox, Apo-Napro-Na, Naprelan, Naprogesic, Synflex)
- Oxaprozin (Daypro)
- Piroxicam (Apo-Piroxicam, Feldene, Novo-Pirocam, Pirox)
- Sulindac (Aclin, Apo-Sulin, Clinoril, Novo-Sundac, Saldac)