

HOSPITAL STAY CHECKLIST

Clothes

- ☐ Comfy Pajamas / Nightgowns
- ☐ Robe
- ☐ Loose under clothes
- ☐ Warm socks
- ☐ Slip on adidas sandals
- ☐ Loose fitting clothes to wear on the way home (maybe dress, no pants)

Personal Items

- ☐ Small firm pillow
- ☐ headphones
- ☐ Cell Phone
- ☐ Chargers / Cords (10ft)
- ☐ Reading materials / glasses
- ☐ Stuffed Animal (in place of small pillow)
- ☐ Crafts (coloring books, crochet)
- ☐ Eye mask / ear plugs
- ☐ Camera
- ☐ Check w/Hospital on TV Charges
- ☐ Pen / Pad of Paper

Pharmaceuticals

- ☐ Lotion / Deodorant
- ☐ Toothbrush / Paste
- ☐ Shampoo / Conditioner
- ☐ Blow Dryer
- ☐ Snacks / Water
- ☐ Throat Lozenges (check with your surgeon)
- ☐ Lip Balm
- ☐ Gas Relief Chewable or Strips
- ☐ Breath Strips
- ☐ Body Wipes
- ☐ Tweezers
- ☐ Heating Pad for pain relief