

After bariatric surgery...

INTEGRATED NUTRITIONAL SUPPORT

Nutrition Direct™ is designed to help make lifelong nutritional support as simple as possible

- ▶ Integrated package of vitamins and minerals that meet ASMBS nutritional guidelines¹
- ▶ Comprehensive support including specialty pharmacy services, patient education, and more
- ▶ Home delivery and auto-refills for \$25 or less per month*



WHAT IS NASCOBAL®?

NASCOBAL® (Cyanocobalamin, USP) Nasal Spray is a prescription medicine used as a supplement to treat vitamin B₁₂ deficiency.

IMPORTANT SAFETY INFORMATION for NASCOBAL®

Do not use NASCOBAL® if you are allergic to cobalt, vitamin B₁₂, or any of the ingredients in NASCOBAL®. Severe allergic reactions and death have occurred with other types of vitamin B₁₂ supplements.

If you have Leber's disease, NASCOBAL® can cause serious nerve damage in your eyes. Talk to your doctor if you have vision problems before or during treatment.

Life-threatening side effects may occur in people with a certain kind of anemia (a blood problem), treated aggressively with vitamin B₁₂. Additionally, taking a drug called folic acid in place of vitamin B₁₂ can lead to worsening and permanent nerve damage.

Your doctor will check your blood before starting NASCOBAL® and during therapy. It is important to return for follow-up visits as directed by your doctor to make sure NASCOBAL® is working.

Since NASCOBAL® is inhaled by nose, tell your doctor if you have breathing problems such as stuffy nose, allergic rhinitis, or upper respiratory infection. Your doctor may choose to delay your treatment.

Tell your doctor if you are pregnant or planning to become pregnant (it is not known if NASCOBAL® will harm your unborn baby). However, vitamin B₁₂ is an essential vitamin and requirements are increased during pregnancy. Tell your doctor if you are breastfeeding.

Tell your doctor about all of the medicines you take, both before and during your treatment with NASCOBAL®. Certain medicines can affect blood test results and how NASCOBAL® works.

Side effects include weakness, headache, sore throat, common cold, swollen tongue, nausea, tingling, and rhinitis.

These are not all the possible side effects of NASCOBAL®. Talk to your doctor about any side effects you experience.

Please [click here](#) for full Prescribing Information.

Reference: 1. Mechanick JL, Youdim A, Jones DB, et al. Clinical practice guidelines for the perioperative nutritional, metabolic, and nonsurgical support of the bariatric surgery patient—2013 update: cosponsored by American Association of Clinical Endocrinologists, the Obesity Society, and American Society for Metabolic & Bariatric Surgery. *Surg Obes Relat Dis*. 2013;9(2):159-191.

*Patients may redeem this offer ONLY when accompanied by a valid prescription. Offer is valid for costs exceeding \$25 up to a maximum benefit of \$100. In certain circumstances this offer may also cover the first \$25 of costs up to a maximum benefit of \$150. Offer is not valid for patients whose prescriptions are reimbursed in whole or in part under Medicaid, Medicare, Medigap, VA, DoD, TRICARE, or any other federal or state programs (such as medical assistance programs) or where otherwise prohibited by law. Offer is not valid in VT or where prohibited in whole or in part. This offer may be amended or ended at any time without notice.

The Nutrition Direct™ Enrollment Form is not for use where prohibited.

Learn more at www.nascobal.com.