

DFW Area Weight Loss Surgery Support Groups

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Saturday</i>
WEEK 1		❖ Methodist Mansfield Medical Center 6:00 – 7:30 PM		❖ Plaza Medical Center of Ft. Worth 6:00 PM ❖ Texas Health Harris Methodist Hospital Ft. Worth 6:00 – 7:00 PM ❖ Texas Health Presbyterian Hospital Plano 6:00 -7:00 PM	
WEEK 2	❖ Medical City Dallas Hospital 7:00 – 9:00 PM	❖ USMD Hospital at Arlington 6:00 – 7:30 PM ❖ Baylor Medical Center at Grapevine 6:30 – 8:30 PM ❖ Weight Loss Specialists of N. Texas 6:30 PM ❖ Wise Regional - My Bariatric Solutions - (online) 6:30 PM	❖ Las Colinas Medical Center 6:00 PM (starting Sep 10 th) ❖ Baylor Medical Center at Plano 6:30 – 8:00 PM ❖ Forest Park Medical Center Dallas 6:30 PM	❖ Baylor Medical Center at Dallas 6:30 – 7:30 PM ❖ Medical Center of Plano 6:00 – 7:00 PM ❖ Baylor Medical Center at Waxahachie 7:00 – 8:30 PM (No September meeting)	❖ After the Cut 10:30 AM-12:00
WEEK 3		❖ Plaza Medical Center of Ft. Worth 1:00 PM ❖ Baylor All Saints Medical Center at Ft. Worth 6:00 – 7:30 PM ❖ Baylor Medical Center at Frisco 6:00 – 7:00 PM (May, Nov & Dec – See week 4 for other months) ❖ Methodist Dallas Medical Center 6:00 – 7:30 PM ❖ Texas Health Arlington Memorial Hospital 6:30 PM	❖ Texas Health Presbyterian Hospital Dallas 1:00 - 2:00 PM	❖ Baylor Medical Center at Carrollton 6:00 – 7:30 PM	❖ THINspiration WLS Support Group – 12:30 PM
WEEK 4	❖ Texas Health Presbyterian Hospital Rockwall 6:00 - 7:30 PM	❖ Baylor Medical Center at Frisco 6:00 – 7:00 PM (Jan – Apr; Jun – Oct See Week 3 above for other months) ❖ Dr. Provost's Office 7:00 – 8:00 PM		❖ Medical Center of Plano 6:00 – 7:00 PM	❖ After the Cut 10:30 AM-12:00 ❖ Doctor's Hospital at White Rock Lake 10:30 AM – 12:00

DFW Area Weight Loss Surgery Support Groups

Group Name	Location	Contact	Phone	Email
Patient Led Groups – Patient led support groups offer peer to peer social and emotional support for every stage of the bariatric surgery process from pre-op, post-op, to long term maintenance. Information gained in any support group setting should never substitute information from your specific program or doctor.				
After the Cut (patient led)	Wilshire Baptist Church – Room 1205L 4316 Abrams Road – Dallas 75214	Shana Hardin	972-454-9864	shana.d.hardin@gmail.com
THINspiration WLS Support Group (patient led – please RSVP as the meetings are held at various restaurant locations in the North Dallas area. Contact Kevin for more information or to get on our mailing list.)	Locations vary in the North Dallas area.	Kevin Levin	972-841-9512	wls.thinspiration@gmail.com
Clinician Led Groups – Clinician led support groups facilitated by a bariatric trained professional, primarily informational based support. Information gained in any support group setting should never substitute information from your specific program or doctor.				
Baylor All Saints Medical Center at Ft. Worth	Carter Rehab and Fitness Center 1400 8 th Avenue – Ft. Worth 76104	Gina Winfree	817-922-1770	Gina.Winfree@baylorhealth.edu
Baylor Medical Center at Carrollton	4343 N. Josey Lane – Carrollton 75010 3 N Conference Room	Karen Baumann	972-394-2332	Karen.baumann@baylorhealth.edu
Baylor Medical Center at Dallas	9101 N. Central Expy – Dallas 75231 2 nd Floor Conference Room	Jennifer Gilbreath	214-820-2969	Jennifer.gilbreath@baylorhealth.edu
Baylor Medical Center at Frisco	5601 Warren Parkway – Frisco 75034 PSU 2 – Room 218	Deborah Thetford	214-407-5260	dthetford@bmcf.com
Baylor Medical Center at Grapevine	411 Ball Street – Grapevine 76051 Bessie Mitchell House	Kim Ewton	817-305-5065	kimberly.ewton@baylorhealth.edu
Baylor Medical Center at Plano	4700 Alliance Blvd – Plano 75093 Garden Lvl (signs posted @ elevator)	Marsha Emery	469-814-2548	marshae@baylorhealth.edu
Baylor Medical Center at Waxahachie	1505 W Jefferson – Waxahachie 75165 Suite 200A	Renee O’Daniel	972-923-8071	renee@baylorhealth.edu
Doctor’s Hospital at White Rock Lake	9330 Poppy Drive Dallas 75218 Suite 206 – West Tower Classroom	Terri Rivers	214-324-6127	terri.rivers@tenethealth.com
Dr. Provost’s Office	2501 Scripture Road Denton 76201 Medical Bldg 6 – Suite 303	Missy Tharp	940-323-3450	info@provostbariatrics.com
Forest Park Medical Center Dallas	11990 N. Central Expy - Dallas 75243 South Building Auditorium – 1 st Floor	Sharon Hillgartner	469-624-1123	shillgartner@forestparkmc.com
Las Colinas Medical Center	6800 N. MacArthur Blvd, Irving 75039 Classroom 1&2	Tammy Beaumont	972-969-2414	tammy.beaumont@hcahealthcare.com
Medical Center of Plano	4001 W. 15 th Street – Plano 75075 Bldg 3 – Room 315	Patti Allard	514-473-7605	patricia.allard@hcahealthcare.com
Medical City Dallas Hospital	7777 Forest Lane – Dallas 75230 Bldg E. - 2 nd Floor - Auditorium	Heather Hunt	972-566-6749	heather.hunt@hcahealthcare.com

DFW Area Weight Loss Surgery Support Groups

Methodist Dallas Medical Center	1441 N Beckley Ave – Dallas 75203 Weiss Auditorium	Jan Stone	214-947-8161	janstone@mhd.com
Methodist Mansfield Medical Center	2800 Broad St. – Mansfield 76063 Conference Room C	Jan Stone	214-947-8161	janstone@mhd.com
Plaza Medical Center of Ft. Worth	900 8 th Avenue – Ft. Worth 76104 Main Lobby – Follow the signs	Melissa Barr	817-347-1129	melissa.barr@hcahealthcare.com
Texas Health Arlington Memorial Hospital	800 W Randol Mill – Arlington 76012 Meeting Room A	Jackie Minier	817-960-6107	jacalynminier@texashealth.org
Texas Health Harris Methodist Hospital - Ft. Worth	1301 Pennsylvania Ave Ft. Worth 76104 Education Center – Plaza Level	Tiffany Norris	817-250-4933	tiffanynorris@texashealth.org
Texas Health Presbyterian Hospital Dallas	8194 Walnut Hill Lane – Dallas 75231 University Building – Red Conf Room	Toya White	214-345-5155	toyawwhite@texashealth.org
Texas Health Presbyterian Hospital Plano	6200 West Parker Rd – Plano 75093 Tower C – Magnolia Room	Nancy Velting	972-981-3861	nancyvelting@texashealth.org
Texas Health Presbyterian Hospital Rockwall	3142 Horizon Rd – Rockwall 75032 MOB Suite 202	Jane Cauley	469-698-1622	jane.cauley@phrtexas.com
USMD Hospital in Arlington	801 W Interstate 20 – Arlington 76017 Admin Conference Room 130	Cynthia O’Kelly	817-472-3830	cynthia.okelly@usmd.com
Weight Loss Specialists of North Texas	3321 Colorado Blvd. – Denton 76210 Lobby	Trevor Hempel	940-382-9429	trevor@weightlosssurgeon.com
Wise Regional	www.mybariatricsolutions.com/bariatric-support-group-dates	My Bariatric Solutions	888-576-9892 call if unable to register online	info@mybariatricsolutions.com

Updated as of 8/14/2014

For more information, please email to Kevin Levin at wls.thinspiration@gmail.com